



Earthwise Farm

Weekly CSA Boxes

Taste the harvest. Know where your food comes from. Support our farm through Community supported Agriculture boxes. You'll get 20 weeks of farm fresh, certified organic produce, from Early June through October. Expand your culinary Horizons. Try Vegetables that you typically wouldn't buy!



What's in the Box?

Early Summer

Butter Lettuce
Spinach
Arugula
Pac Choi
Carrots
Raddishes
Garlic Scapes
Broccoli
Rhubarb
Broad Beans
Kale
Snow Peas
Raspberries
Salad Mixes
Sieglinde Potatoes
Beets
Kholrabi

High Summer

Peppers
Eggplant
Garlic
Heirloom Tomatoes
Basil
Blueberries
Zucchini
Swiss Chard
Cucumber
Beans
Patty Pans
Blackberries
Golden Beets
Carrots
Peaches
Fennel
Romaine Lettuce

Fall

Onions
Grapes
Carrots
Winter Squash
Mixed Greens
Lettuce
Arugula
Spinach
Beets
Potatoes
Cabbage
Cauliflower
Broccoli
Pac Choi
Turnips
Raddishes
Leeks



COST- \$500. Average value of veggies in box: at least \$25. Boxes can be picked up weekly at 3 convenient locations, Wednesdays or Saturdays.

Community Supported Agriculture (CSA)

Community Supported Agriculture connects people to the food they eat, the land it comes from, and the farmers that grow it. When you participate in our CSA box program, you buy a share of our harvest. Your Support helps us to provide healthy organic food that is grown organically. More than that, you contribute to our educational programs and our leadership in environmental education and stewardship. For more information, please contact:

info@earthwisesociety.bc.ca or 604-946-9828